Lab Safety Awareness Week is an event held in February that recognizes the successes of laboratory health and safety programs and offers information and ideas on how to keep our faculty, staff and students safe.

**Why Participate?**
Successful laboratory safety awareness and programs can help identify and manage laboratory hazards before they cause injury. Participating in CSHEMA Lab Safety Awareness Week can help get your awareness programs started, boosting one that already exists, or highlight your safety successes.

**Topics include:**
- PPE & General Attire
- Lab Housekeeping
- Lab Safety Equipment
- Hazard Identification & Risk Assessment
- “We're All in This Together”

Digital Poster Resources can be found at:

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**10 Ways to Beat the Winter Blues**
1. Play your favorite music
2. Plan a spring time staycation
3. Visit a friend
4. Read some inspirations books
5. Re-decorate for mid-winter
6. Make a blend for your diffuser
7. Pull out that craft project. Get inspired and put those dark evenings to good use.
8. Join a club
9. Book yourself into a hotel for a nights stay.
10. Re-kindie date night

**Graduate Student Safety Committee (GSSC):**
is a group of volunteers who represent every department in the College of Engineering and who interface directly with professors, the college’s safety board, and the College Safety Office.