

# College of Engineering Safety Standard

Information provided by Thomas Kohn, CoE Director for Safety

## Safety Starts with you

### Bike Safely & Enjoy Your Ride

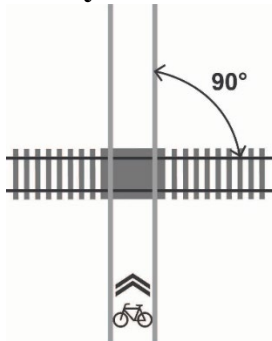
Bicycling is one of the best ways to get exercise but related injuries peak in the warmer months and remain high through October.

#### Cyclists, Check Your Equipment

Always inspect your bike prior to riding.

- The seat should be adjusted to the proper height and locked in place
- Make sure all parts are secure & working properly
- Check that tires are inflated properly
- Make sure the bike is equipped with reflectors
- A horn or bell, a rear-view mirror and a bright headlight also are recommended

#### Always cross tracks at a 90-degree angle



#### How Can Drivers Help Keep Cyclists Safe?

Use the "Far-Hand Reach" technique to prevent opening vehicle doors in front of oncoming vehicles

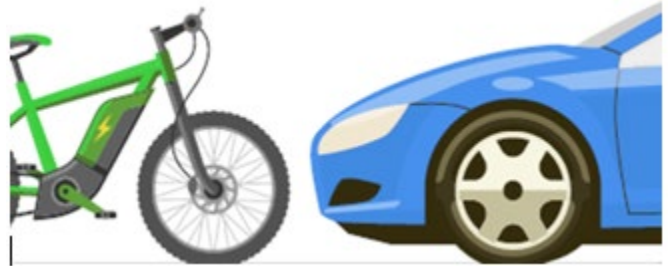
[LEARN the Far-Hand Reach](#)

#### Review the Following Topics



- Plan to Be Seen
- Wear a Helmet
- Rules of the Road

### Lithium-Ion Battery Safety



Lithium-ion batteries power countless devices around us every day. When used correctly, lithium-ion batteries are safe, but there is a risk of fire and injury if batteries or charger are used.

- [How to Spot Battery Problems](#)
- [How to Recycle Batteries](#)
- [First Responder Safety](#)

#### Wear Sunscreen Daily



Reduce your skin cancer risk by wearing sunscreen daily. Most people spend more time outdoors enjoying summer activities, making it easy to forget to apply sunscreen. People with sensitive skin are most likely to burn easily in the sun. The American Academy of Dermatology recommends applying sunscreen with an SPF of 30 or higher. Since no sunscreen can block all of the sun's UVB rays, be sure to wear sunglasses, a hat, and cool, long-sleeved clothing when outdoors for long periods of time.

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If you have interest in contributing to the Safety Standard or discuss a safety related item, please contact the CoE safety group at:

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